

OVIEDO *Florida* In the News

"The best place to Live, Work and Play!"

May 27, 2016

Volume 16

Issue 9



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Future Council Meeting Dates:

- June 6, 2016 Regular CC Meeting 6:30pm
- June 20, 2016 Regular CC Meeting 6:30pm
- June 27, 2016 Worksession 5:30pm
- July 18, 2016 Regular CC Meeting 6:30pm
- July 25, 2016 Worksession 5:30pm

All Oviedo City Council meetings are held in Council Chambers at Oviedo City Hall, 400 Alexandria Boulevard. As always, the public is invited and encouraged to attend the meetings.

Do you have a request for the City? You can go to the City Website at the address below and let us know your request.
<http://www.cityofoviedo.net/node/1223>

NOTICE

CHLORINE FLUSH OF THE DRINKING WATER SYSTEM, Begins June 1, 2016 and ends on July 27, 2016.



The City of Oviedo will be performing a maintenance chlorine flush of the City's Drinking Water Distribution System. During this period, the City's Drinking Water Distribution System will use a "free" chlorine residual in the water instead of the usual "chloramines" disinfectant.

Some residents may notice a slight chlorine taste and/or chlorine odor in the water. Fish owners and individuals on kidney dialysis need to take necessary precautions during the chlorine flush of the system.

If you have questions, please call the Public Works Department, Utilities Division, between the hours of 7:00 AM and 3:30 PM at 407.971.5692. For after hours, nights and weekends please call 407.971.5675. We thank you for your cooperation during this chlorine flushing period.

Oviedo Memorial Day Ceremony Monday, May 30th, 9 am Oviedo Veterans Tribute at Oviedo on the Park



JOIN US AS WE HONOR OUR HOMETOWN MILITARY MEMBERS & FAMILIES
PLEASE BRING YOUR OWN SEATING

"Remember the Past, Honor the Present, Inspire the Future"

**City offices will be closed on Monday, May 30, 2016
in observance of the Memorial Day holiday.**

Mosquito Prevention

Summer will soon be upon us and with the increased heat and rain comes mosquito season. Mosquitoes prefer to bite people, and can live indoors and outdoors near you and your pets. They are aggressive during the daylight hours, but can also bite at night. Mosquitoes typically lay eggs in and near standing water in things like buckets, bowls, animal dishes, flower pots and vases.



Photo Credit: James Gathany, CDC

Protect yourself and your loved ones by emptying standing water sources, keep doors and windows closed or make sure you use screens to keep the mosquitoes out.

Tire Safety

Did you know that May 29th through June 4, 2016 is National Tire Safety Week? The Tire manufacturers want all drivers to stay safe, so they suggest, during this week, to check the pressure of your tires (correct pressure extends tire life, increases fuel economy and improves handling); get your alignment checked if your car shakes, pulls to one side, or you notice uneven wear; have the tires rotated to prevent uneven wear and possibly extend the life of your tires; and finally, check the tread depth so you don't endanger your life by driving on bald tires.



June through the July 4th Holiday Season the police department focuses on impaired driving, speeding and aggressive driving. The holiday season is another zero tolerance time for traffic safety violations like speed, seat belts and aggressive driving.



Facts About *Naegleria fowleri* and Primary Amebic Meningoencephalitis

***Naegleria fowleri* is found around the world, often in warm or hot freshwater (lakes, rivers, and hot springs).**

***Naegleria fowleri* infections are rare and devastating. From 2005 to 2014, 35 infections were reported in the U.S. All but two were fatal.**

- *Naegleria fowleri* is a warm water-loving amoeba found around the world, often in warm or hot freshwater (lakes, rivers, and hot springs).
- *Naegleria fowleri* amoeba can travel up the nose and into the brain. This causes the disease primary amebic meningoencephalitis (PAM), which destroys brain tissue and causes brain swelling and death.
- Of 133 people known to be infected in the U.S. since 1962, only three people survived.

Symptoms

Symptoms can be mild at first, but they worsen quickly.

- Usually start about 5 days after infection (but can range from 1–9 days)
- Can include headache, fever, nausea, or vomiting
- Later symptoms can include stiff neck, confusion, lack of attention to people and surroundings, loss of balance, seizures, and hallucinations
- After symptoms start, the disease causes death within about 5 days (but can range from 1–12 days)

You cannot be infected with *Naegleria fowleri* by drinking contaminated water, and the infection cannot spread from one person to another.



Spread

Infections are spread through the nose.

People are infected when water containing the amoeba enters the body through the nose. Recreational water-associated infection most often occurs when people go swimming or diving during the summer in warm freshwater places, like lakes and rivers. Sometimes infections occur after people put their head under water in hot springs.

Infection has also happened when people use contaminated drinking water to cleanse their nasal passages during religious practices, use a neti pot or other device to rinse their sinuses through the nose, or get the contaminated water up their nose during recreational play.

National Center for Emerging and Zoonotic Infectious Diseases
Division of Foodborne, Waterborne, and Environmental Diseases



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People and Places

***Naegleria fowleri* infections are more common in young boys and after use of warm lakes, rivers, and hot springs.**

Young boys are most at risk for *Naegleria fowleri* infection. While the reasons are unclear, young boys might participate in more water activities like diving and playing in the sediment at the bottom of lakes and rivers.

In the U.S., most infections have come from freshwater lakes, rivers, and hot springs located in southern-tier states. Recently people have become infected in northern states following periods of very warm temperatures.

The amoeba can be found in:

- Bodies of warm freshwater, like lakes and rivers
- Geothermal (naturally hot) water, like hot springs, and drinking water sources (from water going up the nose)
- Warm water discharge from industrial plants

Recreational water-associated infections occur most often in July, August, and September, when temperatures are high for prolonged periods of time, causing water temperatures to rise and water levels to decrease.

***Naegleria fowleri* is not found in salt water, like the ocean.**

Protect Yourself

Lower your risk when swimming and rinsing your sinuses.

We do not know how to lower natural *Naegleria fowleri* levels in lakes and rivers. People should assume that there is always a low level of risk of *Naegleria fowleri* infection whenever they enter warm freshwater lakes, rivers, and hot springs, especially in southern-tier states.

The only certain way to prevent an infection when swimming is to avoid water-related activities in warm freshwater.

If you choose to swim, limit the amount of water going up the nose, and avoid water where *Naegleria fowleri* might live.

- Hold your nose shut, use nose clips, or keep your head above water when taking part in water-related activities in bodies of warm freshwater, including activities in warm water discharged from industrial plants.
- Avoid putting your head under water in hot springs and other untreated geothermal waters.
- Avoid water-related activities in warm freshwater during periods of high water temperatures and low water levels.
- Avoid digging in, or stirring up, the sediment while taking part in water-related activities in shallow, warm freshwater areas.

Rinsing sinuses, including with neti pots

When making a solution for irrigating, flushing, or rinsing your sinuses (for example, when using a neti pot, sinus rinse bottle, or other irrigation device, or performing ritual nasal rinsing), use safe water to protect yourself.

Take **at least one** of these actions to lower your risk of becoming infected:



- **Boil:** Use water that has been previously boiled for 1 minute and left to cool.
 - » At elevations above 6,500 feet, boil for 3 minutes.
- **Filter:** Use a filter designed to remove some water-loving germs.
 - » The label may read "NSF 53" or "NSF 58."
 - » Filter labels that read "absolute pore size of 1 micron or smaller" are also effective.
- **Buy:** Use water with a label specifying that it contains distilled or sterile water.
- **Disinfect:** Learn how to disinfect your water to ensure it is safe from *Naegleria fowleri*.
 - » Chlorine bleach **used at the right level and time** will work as a disinfectant against this germ.

Rinse the irrigation device after each use with safe water, and leave the device open to air dry completely.



www.cdc.gov/naegleria



School ends today in Seminole County. Be aware of young pedestrians and those who may be out as bicyclists, pedestrians and young drivers over the summer.

Are You Ready for Hurricane Season??

Hurricane season starts **June 1** and now is Hurricane Preparedness Week. Are you ready? Here's some tips to help make your preparation effortless. A few simple steps can assure your family is well prepared for a hurricane and make your family's recovery from the storm much easier.



Things to do:

✦ Before the Storm

- Monitor weather updates
- Assist family and neighbors with storm preparations
- Make arrangements for pets
- Take care of medical/personal needs—Medications for a minimum of 2 weeks, first aid kit, baby diapers, bar soap & shampoo, personal toiletries, paper towels & paper plates, plastic eating utensils, mosquito repellent and CASH
- Install Storm Protection on the exterior of your home — This may include applying shutters to windows, strengthening garage door, trimming trees around home, securing objects from outdoors, acquiring tarps, plastic rolls, nails, wood strips for covering roof after damage occurs, acquiring portable generators and reserve fuel for backup power
- Gather necessary supplies for a 7 day period — An estimated 1 gallon of water per day per family member, non alcoholic beverages, canned foods and dried foods, snacks, fruit, snack bars, peanut butter and jelly, crackers, cereal, baby food and formula, special dietary foods, ice and pet food
- Other items that you may need: insurance paperwork, manual can opener, weather alert radio, battery power radio, portable grill, flashlights and spare batteries, matches, fire extinguisher, portable cooler, ice
- Stash your stuff in something that will stay dry, a large plastic tote with a good fitting top
- Evacuate to a shelter or stay with family/friends if you reside in a mobile home

✦ During the Storm

- Monitor weather updates
- Relocate to secure area of your home
- Do not attempt repairs to your home during the storm
- Stay away from windows
- Books and games/toys for the kids
- Evacuation at this point is not possible



✦ After the Storm

- Monitor weather updates and special emergency management information
- Avoid going outside until public safety personnel can survey the areas for hazards such as down power lines and dangerous leaning or falling trees
- Stay off roads
- Comply with curfew restrictions
- Document damage to your home
- Contact your insurance carrier
- Begin home repairs only if they can be performed safely
- Assist family and neighbors, Utility restoration is a high priority
- Power outage survey and damage assessment will be underway
- Be patient there are lots of folks in this situation with you
- Call 911 ONLY for true emergencies

Remember: the best way to make your family and home safer is to be prepared before a disaster happens.

RECREATION & PARKS DEPARTMENT

Gym & Athletics:

- * **Indoor Cycling** Monday and Wednesday at 12:15-12:45pm and on Tuesday and Thursday, 6 - 7pm. Daily rates apply, get a book of 20 visits or an unlimited annual option.
- * **Summer Adult Basketball** registration starts on May 2 through June 12 (or until full). Games begin on June 19.
- * **For more information about the City's offerings, call 407-971-5565**

Riverside Park:

Family Bingo - Friday, June 10th at Riverside Park. Games start at 7pm. Cards are \$3 each with a 5 card maximum. Space is limited and all players are admitted on a first come, first served basis. Concession stand will be open for snacks and such.



SNAP Club - This club caters to special needs teenagers. All participants must be accompanied by a companion. Lots of fun, games, craft time, pot-lucks, bingo and more. Club meets 1st, 2nd and 3rd Wednesdays of each month between 2 and 4 pm. There is a fee for participation. Please call 407-971-5575 for information.

Sunshine Dance - Come dance the night away. Oviedo/Winter Springs Optimist Club with the City of Oviedo Recreation are offering dances to Teens and Adults who are physically and/or developmentally challenged. For more information call (407) 971-5575.

Date: June 17, 2016
Time: 7:00pm – 9:00pm
Location: Riverside Park, 1600 Lockwood Blvd
Fees: \$2 per person



Poolside Splash Zone Birthday Parties 2016

Love visiting the Splash Zone? Why not celebrate your birthday poolside! Oviedo Aquatics is now taking reservations for Poolside Birthday Parties. Act soon as reservations fill up fast!! Check the city website for party availabilities: www.cityofoviedo.net.

Location: Oviedo Aquatic Facility
Reservations: Now Open!
Dates: May – August 2016
Times: Friday Nights 6-8:30pm
Saturday Mornings 9-11:30am
Saturday Nights 6-8:30pm
Fees: Packages range from \$130 - \$374
Contact: 407-971-5567 Head Guards

Poolside Splash Summer Hours **May 27 — Aug 9**

Location: Oviedo Aquatic Facility
Times: M-F 12pm-4pm
Saturday 12pm-5pm
Sunday 12pm-6pm

Swim Lesson registration **has begun!**

Class schedule can be seen online or at both the Riverside Park or the Oviedo Aquatic Facility. Please contact Pedro at 407-971-5582 for any questions!



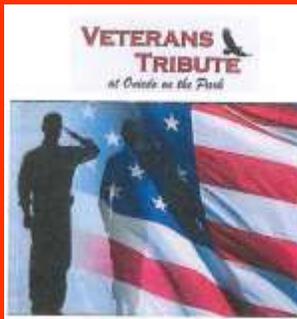
Twitter : @Oviedo City Gov,
 @ Oviedo Fire,
 @OviedoPD @OviedoPW
 @OviedoRecNPark
 Facebook: Oviedo City Gov

www.cityofoviedo.net Questions or comments?
 gbigelow@cityofoviedo.net



At the Oviedo Mall
 May 27 - 6pm - 10pm
 May 28 - 10am - 6pm

Proceeds assist Helpful Hands to enhance the quality of life of children and families in our community who are in crisis.



Tournament Director: Marc Stockwell
 407-913-8700 mstockwell@aol.com
 Mail Checks to:
 1913 Crystal Downs Ct, Oviedo, FL 32765



Local Outback Locations:

Oviedo - 167 E Mitchell Hammock Rd
 Winter Springs - 5881 Red Bug Lake Rd
 Waterford Lakes - 12120 Lake Underhill Rd



2nd Annual
GOLF TOURNAMENT

honoring the
OVIEDO VETERANS TRIBUTE

4-Person Best Ball Scramble
 July 2, 2016
 Twin Rivers Golf Club, Oviedo FL
 8:30 am Shotgun
 \$75/person
 Vets - \$25 (includes 20 free raffle tickets)

Goodie Bags, Food, Drinks
 Outback Buffet Luncheon
 Prizes: 1st, 2nd, 3rd Place Teams
 Longest Drive, Closest to the Pin
 Raffle: Gift Certificates, 50/50 Money Prize

Sponsored by
 Sopar Perez & Associates / DMG Financial LLC



SATURDAY, MAY 28TH, 2016
 5K - 7:30 am
 Kids Fun Run - 8:45 am
 Awards - 9:00 am

ENTRY FEE & REGISTRATION

5K Preregistration
 Shirt Included - Per Person Cost

Through April 30:
 \$20 (Children 18 & Under: \$15)
 May 1-May 14:
 \$25 (Children 18 & Under: \$20)
 May 15-May 23:
 \$30 (Children 18 & Under: \$25)

5K (Military) - Shirt Included
 Through May 23: \$15

Day of Race Registration
 (Cash Only)
 Shirt Included - Per Person Cost

May 28:
 \$35 (Children 18 & Under: \$30)
 (Military: \$15)

Kids Fun Run - Ages 6 & Under
 Free to all participants.
 Registration available online and the morning of the race.

RACE DESCRIPTION

Oviedo Recreation and Parks is proud to host its Inaugural Oviedo Memorial 5K & Kids Fun Run! Walkers, runners and strollers are all welcome!

The 5K Race will be professionally chip timed. Awards will be handed out to the Top 3 Overall Male and Female finishers and Top Overall Master Male and Female. Awards will also be handed out to the Top 3 in each age group beginning at 9 & under and in 5 year increments (10-14, 15-19) up to 70+.

The Kids Fun Run will take place at the conclusion of the 5K. Race ribbons will be awarded to all children ages 6 and under.

Shirts: Each Registered 5K runner will receive a tech shirt. Sizes are not guaranteed for registrations received after May 13, 2016.

REGISTER ONLINE
www.runsignup.com/OviedoMemorial5K

PARKING IS LIMITED
 Parking is available inside of Center Lake Park. When that parking is full, parking will also be available on Oviedo Blvd. Please arrive at least 30 minutes early as Oviedo Blvd will be closed for traffic once the 5K begins.

PROCEEDS from the Oviedo Memorial 5K will benefit local veterans organizations /scholarship funds.

RACE LOCATION
 Center Lake Park
 299 Center Lake Lane Oviedo, FL 32765

For more information on this event, please visit www.cityofoviedo.net or call 407-971-5571.



The I-4 Comedy Tour

Featuring!
 GIO RIVERA ENERGY • TIM WILKINS • ANDREA WOODFOLK

Friday JUNE 10th

DOORS OPEN AT 7PM, SHOW BEGINS AT 8PM
 OVIEDO CENTER LAKE PARK AMPHITHEATRE AND CULTURAL CENTER
 PURCHASE TICKETS AT CULTURAL CENTER BOX OFFICE OR EVENTBRITE.COM
 FOOD TRUCKS ON SITE • FOOD AND DRINKS AVAILABLE FOR PURCHASE

FOR MORE INFORMATION 407-971-5590