



Gymnastics & Tumbling!

Oviedo Recreation and Parks Department

GYMNASTICS & TUMBLING

**Come join the
FUN, LEARNING & EXERCISE !!!**

Did you know? ...

At all ages, gymnastics promotes exercise, balance, hand/eye coordination and motor skill development?

Children participating in movement education sports like gymnastics have longer attention spans, increased communication skills, general problem solving skills and improved self-esteem and confidence!

Gymnastics compliments other sports and we welcome all athletes!



Weekly participation is not necessary as this is a recreational program without contracts. Classes are for both boys & girls of all ages. Our programs focus on building strength and confidence while having fun and exploring new challenges in a non-competitive recreational environment.

**RIVERSIDE PARK
GYMNASTICS & TUMBLING!**

Call 407-760-1697

Gymnastics



Tot/Toddler
Preschool
Beginner
Intermediate
Ages 16mo and up

Mondays @ 3:40 p.m. - Preschool and Young Beginners

Mondays @ 4:30 p.m. - Preschool and Ages 5 & Up, Various Skill Levels

Mondays @ 5:30 p.m. - Ages 5 & Up, Various Skill Levels

Tuesdays @ 7:30/45 p.m. - Preschool and Ages 5 & Up, Various Skill Levels

Fridays @ 4:00 & 4:15 p.m. - Preschool and Ages 5 & Up, Various Skill Levels

\$18.00 per class and ½ off siblings! / 8 week sessions

+ 20% discount for 8 Pack of classes (Annual Reg.Fee Applies)

For More Information: Call Riverside 407-971-5575

*** Nancy Evans @ Oviedo Gymnastics 407-760-1697**

