



# Oviedo Aquatics

## Program Brochure



### **Riverside Pool**

Riverside Park  
1600 Lockwood Boulevard  
407-971-5582

### **Splash Zone**

Oviedo Aquatic Facility  
148 Oviedo Boulevard  
407-971-5570



### **Big Kahuna**

Oviedo Aquatic Facility  
148 Oviedo Boulevard  
407-971-5570



**"Swimming in the Right Direction!"**



## Welcome to the City of Oviedo Aquatics!

We hope that you are able to find all the information you are looking for here.

For current class dates and times visit our website [www.cityofoviedo.net](http://www.cityofoviedo.net). If you have any questions please feel free to give us a call at 407-971-5570 or email us at [aquatics@cityofoviedo.net](mailto:aquatics@cityofoviedo.net).

Oviedo Aquatics consists of three beautiful pools, located at two different facilities. The Riverside Facility is home to the Riverside Pool. The Gymnasium & Aquatic Facility is home to the Big Kahuna and Splash Zone Pools. All pools are open to the public and are family friendly. We welcome everyone to come and swim laps or just take a dip.

The Big Kahuna is a temperature controlled, Olympic size pool, which can have eight, 50 meter lanes or twenty, 25 yard lanes. Check our website for the current lane line schedule. The Big Kahuna is kept at 82 degrees year round. The Big Kahuna is home to the Oviedo Barracuda's Summer Swim Team, the Training Cudas, the Oviedo Lions Swimming and Water Polo teams, the Blue Dolphins Swim Team, and many other aquatic programs.

The Splash Zone is a zero depth entry pool. The Splash Zone offers a play structure with two smaller slides and spray features, and is home to the Big Blue Water Slide.

Oviedo Aquatics offers a variety of aquatic based programs for all ages. Programs include Swim Lessons, Recreational Swim Team, American Red Cross Courses, Water Aerobics, and many more. Inside you will find some information about each one of our programs. Feel free to contact us with any further questions you may have!

City of Oviedo  
400 Alexandria Blvd  
Oviedo, FL 32765  
407-971-5550

Riverside Pool  
1600 Lockwood Blvd  
Oviedo, FL 32765  
407-971-5582

Aquatic Facility  
148 Oviedo Blvd  
Oviedo, FL 32765  
407-971-5570

### Aquatics Staff:

Pedro Vasconcellos  
Aquatic Supervisor  
407-971-5582  
[pvasconcellos@cityofoviedo.net](mailto:pvasconcellos@cityofoviedo.net)

Paul Belden  
Recreation Manager  
407-971-5566  
[pbelden@cityofoviedo.net](mailto:pbelden@cityofoviedo.net)

Kelli Tanner  
Aquatic Coordinator  
407-971-5584  
[ktanner@cityofoviedo.net](mailto:ktanner@cityofoviedo.net)

Karl Grotkopf  
Head Lifeguard  
407-971-5567  
[kgrotkopf@cityofoviedo.net](mailto:kgrotkopf@cityofoviedo.net)

Andre Wardian  
Head Lifeguard  
407-971-5567  
[awardian@cityofoviedo.net](mailto:awardian@cityofoviedo.net)

For more information on Aquatics programs email [aquatics@cityofoviedo.net](mailto:aquatics@cityofoviedo.net).

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# Pool Hours & Fees

## Aquatics Fees and Passes

	City of Oviedo Resident	Non-Resident Member	Non-Resident
Aquatic Facility Fees	\$4	\$6	\$8
Riverside Fees	\$2	\$3	\$4
<b>Pool Pass</b>			
6 Punch Lap Swim Card	\$20	\$30	\$40
<b>2 Month Pass</b>			
Individual	\$60	\$90	\$110
Family	\$110	\$145	\$175
<b>12 Month Pass</b>			
Individual	\$250	\$450	\$540
Family	\$300	\$540	\$650
<b>Season Pass 2016 May-September 2016</b>			
Family	\$175	\$225	\$275

## Riverside Pool

### Fall/Winter/Spring

**M - F:** closed

**Sat:** closed

**Sunday:** 1 pm - 6 pm

### Summer

May 30, 2017 - August 9, 2017

**M- F:** 11am - 3pm

**Saturday:** closed

**Sunday:** 1pm - 6pm

## Splash Zone Aquatic Facility

**Summer** May 27, 2016 - August 9, 2016

**M - F:** 12-4pm

**Saturday:** 12pm - 5pm

**Sunday:** 12pm - 6pm

**Fall** August 10, 2016 - September 25, 2016

**M - F:** Closed

**Saturday:** 12pm - 5pm

**Sunday:** 12pm - 6pm

**Winter** September 26, 2016 - May 5, 2017

**Closed for Season**

**see you in 2017!!**

**Spring** May 6, 2017 - May 26, 2017

**M-F:** Closed

**Saturday:** 12 - 5pm

**Sunday:** 12 - 6pm

## Big Kahuna@ Aquatic Facility

**Summer** May 27, 2016 - August 9, 2016

**M - F:** 6am-8pm

**Saturday:** 7am - 5pm

**Sunday:** 12pm - 6pm

**Fall** August 10, 2016 - October 30, 2016

**M - F:** 6am-10am; 2pm-8pm

**Saturday:** 7am - 5pm

**Sunday:** 12pm - 6pm

**Winter** October 31, 2016 - March 31, 2017

**M / W / F:** 6am - 9am; 2pm - 8pm

**T / Th:** 2pm - 8pm

**Saturday:** 7am - 1pm

**Sunday:** 1pm - 6pm

**Spring** April 1, 2017 - May 26, 2017

**M - F:** 6am-10am; 2pm-8pm

**Saturday:** 7am - 5pm

**Sunday:** 12pm - 6pm

\*Fees and Dates are subject to change\*

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# Swim Lessons

Oviedo Aquatics offers American Red Cross Learn-to-Swim lessons to participants of all ages and skill levels, 6 months - adults.

All lessons are taught by Red Cross certified Water Safety Instructors. **Group Lessons are offered March through October at Riverside Pool.**

Private & SNAP Lessons are offered all year long

**\*For all Swim Lesson class schedules and dates visit our website  
[www.cityofoviedo.net](http://www.cityofoviedo.net)**

## Private Lessons

Private Swim Lessons are designed for all swimmers. Each private session consists of 4 one on one classes. The schedule for the private lessons are unique for each season. Please visit our website for the most up to date schedule.

## SNAP Lessons

SNAP Swim Lessons are designed for swimmers of all special needs. Each SNAP session consist of 4 one on one classes. The schedule for the SNAP lessons are unique for each season. Please visit our website for the most up to date schedule.

**Private and SNAP Lesson registrations are held at the Riverside Pool.**

### **Cost:**

- Cost per session: (prices subject to change)  
Oviedo Resident - \$55, Non-Resident Member - \$70, Non-Resident - \$80
- You must live within Oviedo city limits, not have an Oviedo mailing address for residency.
- Residency will be checked at registration.
- Each session consists of 4- 20 minute lessons
- Four classes are scheduled.

### **Cancellation Policy:**

- In the event a participant needs to cancel a lesson, the participant must give Oviedo Aquatics a 24 hour notice, in order to make up lessons
- If lesson is not cancelled within 24 hours or participant does not show, the swim lesson will not be made up.



**American  
Red Cross**

**Questions or Information: Pedro Vasconcellos \* 407-971-5582 \* [pvasconcellos@cityofoviedo.net](mailto:pvasconcellos@cityofoviedo.net)**

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# Group Swim Lessons

Riverside Pool \* 1600 Lockwood Blvd \* 407-971-5582



## Registration Information:

- Each session has a separate registration that is required. All registrations are first come, first served. There is absolutely no saving places in line on registration day.
- Registration for a session does not guarantee registration for any future session.
- Registration must be done in person by the parent/guardian of the participant. You may not register other swimmers for lessons. All registrations are held at Riverside Park. Registration begins at 6pm for City of Oviedo Residents and 8am for Non-Oviedo Residents on the listed date.
- Please be aware that the line begins to form prior to the start of Registration. Registration will begin at the scheduled time and proceed until the 1st day of class.
- In order to register for any class higher than the beginning level, participants must either be tested by an Oviedo Aquatics Instructor prior to registration OR have a certificate from a recent lesson with Oviedo Aquatics. The lesson certificate or test slip must be brought to registration. You do not need an appointment. Simply go to either of our pools, any time they are open. You do not have to pay for the swim test. The swim test is not needed for Bubble Babies 1, Adult, Water Tot 1 or Level 1. All other levels require a swim test.
- **Please be advised:** There is a new format for swim lessons starting in 2016. In our Spring (March-May) and Fall (Aug-Oct) sessions will be 6 classes. Summer (June & July) will be 8 classes in a 2 week span. For more information on cost difference and formatting visit our website at [cityofoviedo.net](http://cityofoviedo.net)

## Cost:

- Cost per session Spring and Fall: (prices subject to change)  
Oviedo Resident - \$45, Non-Resident Member - \$60, Non-Resident - \$70
- Cost per session Summer: (prices subject to change)  
Oviedo Resident - \$60, Non-Resident Member - \$75, Non-Resident - \$85
- You must live within Oviedo city limits to be considered a Resident
- Residency will be checked at registration.
- Each session consists of 30 minute lessons
- 6 classes are scheduled for Spring and Fall. In the event of numerous weather cancellations and make ups, 5 classes are guaranteed.
- 8 classes are scheduled for Summer. In the event of numerous weather cancellations and make ups, 6 classes are guaranteed.

## Class Information

- **Class schedules are released by season and are available at Oviedo Recreation Facilities or online at [www.cityofoviedo.net](http://www.cityofoviedo.net).**
- In order to hold the class a minimum of 50% of swimmers must be registered.
- Parents are asked to remain outside the gated area during swim lessons.
- Infants and toddlers must wear swim diapers if not potty trained.
- Payment for the program entitles the participant use of the pool during that program only.
- If your child has no experience in the water or has a fear of putting their face in, they can register for Water Tots 1/Level 1 (age appropriate) without a swim test.
- After the completion of each session, swimmers will receive a certificate indicating the next level recommended by their instructor.

## Parent and Child Aquatics

### Bubble Babies

**6-36 months w/parent in water**

Max 10

### Bubble Babies 2

**2-4 years w/parent in water**

Max 10

## Preschool Aquatics without parent

### Water Tots 1:

Introduction to Water Skills

3-5 yrs Max 4

### Water Tots 2:

Fundamental Aquatic Skills

3-5 yrs Max 6

### Water Tots 3:

Stroke Development

3-5 yrs Max 6

## Youth Swimming

### Level 1:

Introduction to Water Skills

6 yrs - 13 yrs Max 6

### Level 2:

Fundamental Aquatic Skills

6 yrs - 13 yrs Max 6

### Level 3:

Stroke Development

6 yrs - 13 yrs Max 8

5 yr if completed & passed Water Tot 3

### Level 4:

Stroke Improvement

6 yrs - 13 yrs Max 8

5 yr if completed & passed WT 3 & L 3

### PreCudas:

Pre Swim Team

6 yrs - 13 yrs Max 8

## Adult Swimming

### Adult:

Beginner - Intermediate Levels

14 yrs + Max 6

\*\*Not all levels are offered during every session. If you are interested in a level not offered, you can be placed on an interest list and a class may be added, no guarantees.\*\*

Questions or Information: Pedro Vasconcellos \* 407-971-5582 \* [pvasconcellos@cityofoviedo.net](mailto:pvasconcellos@cityofoviedo.net)

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# Oviedo Barracudas

Big Kahuna \* 148 Oviedo Blvd \* 407-971-5570

Barracudas Summer Swim Team is designed for the novice swimmer. We practice several days a week and compete in meets multiple times a month. The swimmers will work on their strokes, distance swimming, starts, turns, finishes, and relays. The meets are held at the Aquatic Facility on Saturdays during the summer months. All swimmers receive ribbons for every event.



## General Information:

- Swimmers ages 6 - 13 years old
- Swimmers **MUST** pass the tryout prior to registration
- Season runs through the summer months
- Practice time is your choice at registration on a first come, first served basis - there is no difference in practices
- Practice times are limited to 45 swimmers
- Swimmers will be divided and coached by age group in each practice - age groups: 6-8 year olds, 9-10 year olds, 11-13 year olds
- Season runs all Summer long
- Practice days & times:
  - Mondays & Wednesdays
    - 7:00 - 8:30 am - Blue Barracudas
    - 8:30 - 10:00 am - Green Barracudas
  - Tuesdays & Thursdays
    - 6:30 - 8:00 pm - Red Barracudas
- It is recommended swimmers miss no more than three weeks of practice
- Barracuda swimmers compete in meets throughout the summer months - meets are required
- Swimmers must attend at least three regular meets to qualify for the Championship Meet-
- Meet Dates: Meet times and Locations TBA

## Try-Outs:

- Try-outs are held at the following times:
  - April & May - Tues & Thurs 6-8pm - Aquatic Facility
- Swimmers who cannot make the try-out times may contact Pedro to set-up alternate times
- Swimmers must be able to swim 50 yards of freestyle w/correct side breathing, 25 yards of backstroke, & 15 yards of breaststroke
- Swimmers must complete try-out prior to registration

\*Fees and Dates are subject to change\*



## Cost:

Includes t-shirt, swim cap, meet ribbons, award, & season end party

- Oviedo Residents: \$120
- Non-Resident Members: \$150
- Non-Residents: \$175

## Registration:

Saturday, May 6, 2017

Residents-9:00am

Non-Resident-11:00am

Parent Meeting Tuesday, May 24, 2016

6:00pm on the Splash Zone Pool deck

\* \*\*Registration will remain open until the team is full\*\*



Questions or Information: Karl Grotkopf \* 407-971-5567 \*

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# Training Cudas

Big Kahuna \* 148 Oviedo Blvd \* 407-971-5570



The Training Cudas is a swim training program designed for the novice swimmers during the school year. The team is set up as a training team only; they will not compete in swim meets. The purpose is to work on endurance and stroke technique. Swimmers will learn stroke drills and workout sets.

## General Information:

- Swimmers ages 6 - 13 years old
- Swimmers MUST pass the tryout prior to registration
- Practice Days & Time:  
Tuesdays & Thursdays  
6-7 pm OR 7-8 pm
- Practices held at the Oviedo Aquatic Facility

## Registration:

2016-2017 Season:

Saturday, August 13th - 8am for Residents, 10am for Non-Residents

Prior to the beginning of each month. Please contact Karl for the correct date and time for registration.

- Try-outs must be completed prior to registration time/day
- If the team fills up, you may place your swimmer on the waiting list - those on the waiting list will be called as spaces open up
- Practice time is on a first-come, first-serve basis.
- Practice times are limited to 45 swimmers

## Try-Outs:

- Tryouts are held at the Aquatic Facility on Tues/Thurs 6-8pm
- Swimmers must be able to swim 50 yards of freestyle w/correct side breathing, 25 yards of backstroke, & 15 yards of breaststroke
- Swimmers must complete try-out prior to registration



## Season:

2016-2017

September 1 - 29, 2016  
October 4 - 27, 2016  
November 1 - 29, 2016 (No practice 11/24)  
December 1 - 29, 2016  
January 3 - 31, 2017  
February 2 - 28, 2017  
March 2 - 30, 2017  
April 4 - 27, 2017  
May 2 - 30, 2017

## Season:

2017 - 2018

September 2017 - May 2018

- Swimmers pay monthly
- Swimmers may join any month as long as there is space on the team

## Cost:

	Resident	NR Member	Non-Resident
Monthly -	\$ 40	\$ 45	\$50
3 Months -	\$110	\$125	\$140

\*\*You must pay the 3 months at once to receive discount\*\*

## Payment:

- Once on the team, you have the option of prepaying for the following months. However, payment for each month is due on the due date. Anyone paying late may lose their spot on the team due to the high demand of swimmers. Once the due date has passed the swimmers on the waiting list will be called if there are spaces available.
- Payments are due on the Friday before the final week of practice for each month. Payment dates are listed on your receipt .

\*Fees and Dates are subject to change\*

Questions or Information: Karl Grotkopf \* 407-971-5567 \*

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# Poolside Birthday Parties

Splash Zone \* 148 Oviedo Blvd \* 407-971-5570



Poolside Birthday Parties are held in the Splash Zone pool at the Aquatic Facility. They are an easy and fun party for both the birthday child and birthday parents! Birthday children must be turning AT LEAST four years old. We offer parties on Friday evenings, Saturday/Sunday mornings and Saturday evenings.



## Splash Zone Birthday Packages

All Splash Zone birthday party packages include a Funbrella party area, two banquet tables, and a Happy Birthday banner.

### Splash Zone Package

Resident: \$135  
 Non-Resident Member: \$155  
 Non-Resident: \$175  
 5-25 guests

### Splash Zone Ultimate Package

Resident: \$215  
 Non-Resident Member: \$245  
 Non-Resident: \$280  
 26-40 guests

### Splash Zone Extreme Package

Resident: \$290  
 Non-Resident Member: \$325  
 Non-Resident: \$335  
 41-55 guests

Birthday Party registration is now open for 2016!

### Party Dates

<u>Friday Night</u> <u>6-8:30pm</u>	<u>Saturday Morning</u> <u>9-11:30am</u>	<u>Saturday Night</u> <u>6-8:30pm</u>	<u>Sunday Morning</u> <u>9-11:30am</u>
May: 6, 13, 20, 27 June: 3, 10, 17, 24 July: 1, 8, 15, 22, 29 August: 5, 12, 19, 26 Sept: 2, 9	May: 7, 14, 21, 28 June: 4, 11, 18, 25 July: 2, 9, 23 August: 6, 13, 27 Sept: 3, 10, 17, 24	May: 7, 14, 21, 28 June: 4, 11, 18, 25 July: 2, 9, 16, 23, 30 August: 6, 13, 20, 27 Sept: 3, 10, 17, 24	May: 8, 22 June: 12, 26 July: 10, 24 August: 14, 28 Sept: 4, 18

All parties are booked on a first come, first served basis.  
 We can not guarantee your date will be available when you call.

\*Fees and Dates are subject to change\*

Questions or Information: Andre Wardian \* 407-971-5567 \*

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# Poolside Birthday Parties

Splash Zone \* 148 Oviedo Blvd \* 407-971-5567



## Party Information:

- Reservations begin on January 9th 9am
- Birthday Child must be turning **AT LEAST 4 years old**
- Birthday Parties must be reserved at least 7 days in advance on date selected
- Entire party is outdoors
- No inside party area is available
- NO REFUNDS due to inclement weather; party can be rescheduled within one year
- Minimum \$50 deposit due to book your party
- Birthday Parties are not private rentals; there will be up to three parties on each party date
- Party space is limited, reservations taken on a first come, first served basis
- Due to HRS standards, anyone going onto the pool deck is considered a guest regardless if they are swimming
- Outside food and drink are allowed during party hours; pizza is highly suggested
- No glass permitted on the pool deck
- Alcohol is not permitted at Oviedo Recreation Facilities - this includes the Splash Zone
- Please be sure to bring the following items as they will not be provided:
  - food & drink
  - plates, napkins, cups, silverware
  - cake, candles and matches
  - camera
- Anyone wishing to ride the Blue Slide in the Splash Zone **MUST** be at least 48 inches tall without shoes
- All pool rules and regulations still apply

**Please contact Andre for more information:  
407-971-5567**



## How to book a party:

- Reservations begin on January 9th at 9:00 am
- Reservations will be done in person at the Gymnasium and Aquatic Facility. 407-971-5568
- Please have several dates in mind in case your date is already full
- Residency will be checked at reservation time
- Deposits must be made IN PERSON when booking your date  
Deposit: \$50
- Each family must have a Household in RecTrac (Recreation's computer software) prior to paying for deposit
- RecTrac Household Forms are located at either of our facilities or on our website under Recreation and Parks: [www.cityofoviedo.net](http://www.cityofoviedo.net)
- Remaining party balance is due at the party

## Planning for your party:

- A guest is anyone stepping onto the pool deck even if they do not plan to swim; this includes all family members attending party
- Party cancelations must be made two weeks prior to the party date
- If refund is given; it will be subject to a 25% administration fee after the 48 hour grace period
- If the party is called out for lighting the host of the party must fill out a refund request for to keep their deposit as a household credit
- You will only be charged for the number of guests that attend the party
- You may arrive at 5:30pm to set-up for your party (8:30am for AM) - guests will be allowed in at 6pm (9am for AM)
- Pizza is recommended for parties - all local pizza companies will deliver to the Aquatic Facility
- All parties must be cleaned up and off the pool deck at 8:30pm (11:30am for AM parties)

\*Fees and Dates are subject to change\*

Questions or Information: Andre Wardian \* 407-971-5567 \*

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# Stroke Clinics

Riverside Pool \* 1600 Lockwood Blvd \* 407-971-5582

Stroke clinics are designed to help with starts, finishes, turns, and stroke refinement for swimmers ages 6 - 13 years old. At the end of each clinic, each swimmer will receive a 'tip card' with reminders for their individual refinement of the stroke. The stroke clinics are not meant to be swim lessons.

## General Information:

- Swimmers ages 6 - 13 years old
- Swimmers MUST either:
  - Be returning Barracuda/Training Cuda
  - OR
  - Have passed tryout prior to registration
- Clinics are held at Riverside Pool

## Clinic Date & Times

TBA

## Registration:

- Registration will begin the first Monday of each month offered
- Registration for one clinic does not hold a spot for the next clinic. Limited space is available - registration is on a first-come, first-served basis.
- Maximum of 50 swimmers will be allowed to register

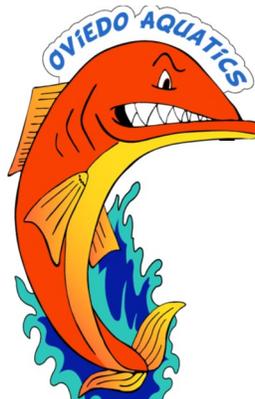
## Try-Outs

- Tryouts are held at the Aquatic Facility during open swim hours
- Swimmers must be able to swim 25 yards of freestyle and 25 yards of backstroke
- Swimmers must complete try-out prior to registration

## Fees

- Resident- \$20 per clinic
- Non-resident member- \$25 per clinic
- Non-resident- \$30 per clinic

\*Fees and Dates are subject to change\*



Questions or Information: Karl Grotkopf \* 407-971-5567 \*

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# American Red Cross Training

Big Kahuna \* 148 Oviedo Blvd \* 407-971-5570



Want to make a difference in your community? Love the water? Enjoy kids and teaching? The Oviedo Aquatic Facility offers many different American Red Cross Courses to become a Lifeguard (LG), Water Safety Instructor (WSI), or Lifeguard Instructor (LGI).

**Completion of the course does not guarantee employment with the City of Oviedo.**

## Lifeguard Course Requirements:

- Minimum age of 15 by course completion.
- Swim 300 yards continuously demonstrating breath control and rhythmic breathing
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 minute, 40 seconds
  - Starting in the water swim 20 yards
  - Surface dive 7-10 ft. and retrieve a 10 lb. brick
  - Swim 20 yards back with two hands on the brick
  - Exit water without using a ladder or steps
- Swimming requirements will be completed on the first scheduled day of the course.

## Lifeguard Instructor Course Requirements:

- Be at least 17 years old by course completion
- A current American Red Cross Lifeguarding/First Aid/CPR/AED certification, a combination, or from another organization

## Water Safety Instructor Course Requirements:

- At least 16 years of age by course completion
- Demonstrate swimming skills to a proficient level

## General Information:

- Swimming requirements must be completed and passed in order to continue class.
- If course is cancelled by the Recreation Department, your fees will be refunded.
- Completion of the course does not guarantee employment with the City of Oviedo.
- To receive certifications, the participant must pass all written and skills tests.

## Registration and Class Details:

- Visit [www.cityofoviedo.net](http://www.cityofoviedo.net) for more details
- Registration will end when course fills
- Each class has a max of 10 participants

## American Red Cross Class Fees:

Includes certification, face mask, whistle & lanyard  
\$300 - Oviedo Residents  
\$320 - Non-Resident Members  
\$340 - Non-Residents



**\*Fees and Dates are subject to change\***

**Questions or Information: Pedro Vasconcellos \* 407-971-5582 \* [pvasconcellos@cityofoviedo.net](mailto:pvasconcellos@cityofoviedo.net)**

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# Water Aerobics

### Deep Aqua Fit Class Schedule:

May 30 - August 5, 2016:  
 Mon - Fri 8:30-9:30 am  
 @ Riverside

August 8 - October 28, 2016:  
 Mon - Fri 8:30-9:30am  
 @Aquatic Facility

October 31 - March 31, 2017:  
 Mon - Fri 1:30-2:30pm  
 @Aquatic Facility

April 3 - May 26, 2017:  
 Mon - Fri 8:30-9:30 am  
 @ Aquatic Facility

Our Water Aerobics class uses the resistance of the water to form a low or non impact work-out.

All classes are taught by certified Aquatic Exercise Instructors in a high energy atmosphere. Their combination of motivation and expertise, along with great music selections make our water aerobics classes a must try!!

### Water Aerobics Fees:

Per Visit: (paid on deck)	20 Visit Pass: (paid in front office)
\$3 Residents & Seniors	\$45 Residents & Seniors
\$4 Non-Resident Member	\$65 Non-Resident Member
\$7 Non-Residents	\$75 Non-Residents

(prices subject to change)

Questions or Information: Pedro Vasconcellos \* 407-971-5582 \*

# Jr. Lifeguard Camp

Are you interested in lifeguarding – but not quite old enough yet? This course is designed to give 10 to 14 year olds a sneak peek into what it takes to become a great lifeguard. We cover all the basics and get you ready to enter the American Red Cross Lifeguarding program when you turn 15.



### 2017 Courses Dates:

Check back next Spring for our upcoming dates

### Jr Lifeguard Camp Fees:

Resident- \$100  
 Non-Resident member- \$120  
 Non-Resident- \$140

\*Fees and Dates are subject to change\*

Questions or Information: Head Guards \* 407-971-5567 \*

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# Blue Dolphins



## Swim Team Masters Swim Team

The Oviedo Aquatics Facility is home to the Oviedo Blue Dolphins Swim Team. The Blue Dolphins are coached by Coach Charlie Rose.

The Blue Dolphins are a USA competitive swim team for swimmers 5 - 18 years old. They practice up to six days per week.

The Blue Dolphins are not run by the City of Oviedo. You can find out more information about the Blue Dolphins by visiting their website at [www.bluedolphins.com](http://www.bluedolphins.com) or you can contact Charlie Rose at 407-617-2770 or [bdcoachrose@gmail.com](mailto:bdcoachrose@gmail.com)

**Practice Days and Times:**

M/W/F 6-7am

**Place:**

Oviedo Aquatic Facility  
148 Oviedo Boulevard

**Monthly Cost:**

3 days per week: \$45.00

**Contact Information:**

Aaron Swartzman  
1-708-SWIMFST  
[aswartzman@att.net](mailto:aswartzman@att.net)

The Master's Swim Club is for swimmers 18 years old and up!  
Swimmers of all types are welcome!



# Synchro Belles



Synchronized Swimming has come to Oviedo! The Synchro Belles are looking for athletes to learn and to compete around the state and country. The Synchro Belles is a recognized USA Synchronized Swimming team based out of Flagler County. Their head coach Isabella Vasconcellos has brought routines to the national competition every year since 2007.

For more information on registration or to answer any questions please email Coach Isabella at [synchrobelleteam@aol.com](mailto:synchrobelleteam@aol.com)

*"Swimming in the Right Direction!"*

# Frequently Asked Questions

## Swim Lessons

### **How do I pick a level for my child?**

If your child has never been in swim lessons before, you need to bring them to the pool to have them tested by a Water Safety Instructor. They will place your child in the correct level. If your child has been in swim lessons before, your last certificate will tell you which class your child should be placed in.

### **How do I register?**

Registration is held at Riverside Park. Please bring with you the swim test slip you received when your child was tested. The swim test cannot be dated any earlier than January 2016. If you have any questions about which level your child should be placed in please give us a call. 407-971-5582

### **Can I sign-up anytime or just at the assigned time?**

Registration starts at the designated times and continues until the lessons begin. Lessons are on a first come, first served basis. In the warmer months swim lessons will likely fill to capacity so we recommend you get to registration a little early.

### **What time should I get there on the first day of class?**

Show up to class five minutes early with a towel. The instructors will come out and call their class to go onto the pool deck. **Parents are required to remain outside the fence during swim lessons to help both the instructor and your child remain focused throughout the lesson.** You may sit on the bleachers and watch. The instructors will then bring their class back off the pool deck for you to pick them up.

### **What happens if it is raining and or storming?**

Class will only be cancelled if there is thunder/lightning or heavy rain. We will make the decision 15 minutes prior to the start of the lesson unless severe weather occurs we may cancel earlier. Please call the Aquatics Rain-out Line for any updates - 407-971-5587 - Listen for Swim Lessons

### **Do I have to return and register for each session?**

Yes. We do not hold spaces in classes for currently registered children. You must return each session and register for the appropriate class.

### **If I have to miss a swim lesson do I get to make it up?**

No. Swim lessons will only be made up if the City cancels the class. If you are going to miss a class please let your instructor know.

## Barracudas/Training Cudas

### **Does it matter that my child has never been on a swim team?**

No! We are a novice team. The children learn about the basics of competitive swimming during practices.

### **What if my child does not pass the try-out?**

We offer both Stroke Clinics and a Pre-Cuda Swim Lesson for children. When you complete the try-out please ask the instructor which they feel would best benefit your swimmer.

### **What should my swimmer bring to practice?**

A towel, goggles and something to drink (water or sports drink)! We highly recommend goggles as the water is sometimes hard on the swimmers' eyes with the amount of time they spend in the water.

### **What happens if it is raining and/or storming?**

Practice will only be cancelled if there is thunder/lightning or heavy rain. We have an Aquatics weather line that you may call to find out the status of practice. Practices that are cancelled due to weather will not be made up.

Weather Line: 407-971-5587 - Listen for Barracudas/Training

## Barracudas

### **How do I decide which practice I should go to?**

Practices are not designated by skill or age. Practice time is the choice of the swimmer and their parents. In each practice time the swimmers will be divided and coached by age group. We have three age groups:  
6-8 years old, 9-10 years old, 11- 13 years old.

### **What happens if we have a summer vacation planned?**

We understand that it is the summer time and families go on summer vacation but we ask that swimmers attend as many practices and meets as possible. Please inform your coach of when you will be gone so they are aware. Swimmers must attend at least three regular meets to qualify for the Championship Meet.

### **All of the swimmers in the pictures are wearing the same swim suit - does my swimmer have to wear a special suit?**

No, all Barracudas have the option of wearing the team suit but it is not required. When you register you will be given the information on the team suit and will be able to purchase the suit at Meet the Coach Night.

### **My swimmer is unsure of diving and not very good at the butterfly, what should I do?**

We recommend that all Barracudas, new and old, attend Stroke Clinics to help refine their strokes!

# Aquatics Policies

## **Residency:**

- Oviedo Residency restrictions are a requirement of the City of Oviedo Recreation & Parks Department. Proof of Residency is required for Resident rates. An ID must be shown each visit to receive resident rates. You must live within the City limits; not simply have an Oviedo mailing address.
- Non-Resident Members are Non-Residents who pay a yearly fee of \$50 to Oviedo Recreation to receive discounted Non-Resident rates.

## **Oviedo Recreation Program Refund Policy:**

- The City of Oviedo allows a 48 hour grace period for any cancellation of registration. All requests must be submitted in writing and within 48 hours of registration in order to receive a full refund.
- Any changes after the initial 48 hours AND before the program begins are subject to a 25% administrative fee. There are NO REFUNDS after the program has begun.
- Payment for a program entitles the participant use of the pool during that program only. Pool admission must be paid for use of the pool before or after program/class.

## **Daily Pool Admission Refund Policy:**

- No refunds or rain checks for any reason.
- In the event of pool closure due to inclement weather, you may return later in the day if the pool reopens.
- Pool admission is for duration of the day - patrons may leave and return in the same day without repaying.

## **Inclement Weather Policy:**

The City of Oviedo Recreation & Parks Department utilizes the Thor Guard Lightning Prediction & Warning System at all Recreation Facilities, which includes Riverside Pool and the Oviedo Aquatic Facility.

The Thor Guard System was designed to evaluate the electrostatic field and compare the energy migration of the positive and negative ions. Thor Guard continuously measures the millivolts of static electricity, both in the air and on the ground, in a 2 mile radius. When the system detects sufficient electricity in the area to predict a lightning strike within an 8-20 minute window, the warning system will sound.

The following is the procedure for all Recreational activities during inclement weather:

- The first horn will sound for 15 seconds. This indicates the Thor Guard System predicts a lightning strike will occur in the 2 mile radius in less than 20 minutes.
- When the horn sounds, ALL outdoor activities will cease immediately and all pools, decks, fields and walkways will be cleared. All patrons are asked to seek safety in their cars, as we do not have the space to safely accommodate waiting patrons.
- While there is still potential for lightning within the 2 mile radius, a strobe light will continually flash.
- When the Thor Guard determines it is safe to resume activities, the strobe light will turn off and 3, 5 second horn blasts will sound.

The pool will reopen when Thor Guard has determined it is safe to resume activities. Until this time, please seek shelter in your car or inside the building. We are unable to allow patrons to wait outside under the over-hang of the building.



# Pool Rules

## General Pool Rules for All Pools:

- **Everyone entering the pool gate must pay pool admission**
- **City of Oviedo Residents must show proof of residency each visit**
- No refunds or rain checks for inclement weather
- Inclement weather is determined by Thor Guard
- Children 9 and under must have a paying adult with them
- Children 3 and under must have an adult within arms reach in the pool at all times
- For the safety of all swimmers, **NO FLOATATION DEVICES**, except Coast Guard approved lifejackets
- Lifejackets are provided free of charge at all pools
- **Outside food or drink is not permitted\***
- **\*During Splash Zone hours a \$5 fee is charged for outside food and drinks**
- Children not potty trained must wear a swim diaper
- No running on the pool deck
- Horseplay is not permitted
- All patrons must adhere to lifeguard instructions

## Splash Zone Rules:

- Children 3 and under must be **directly** supervised by an adult in the water at all times
- Everyone must enter through the beach entrance, no jumping from the side
- **Anyone wishing to ride the blue slide must be 48 inches tall without shoes, NO EXCEPTIONS**

## Waiting List Policy:

- Splash Zone capacity is 66 persons, as set by the Health Department
- Once capacity has been reached, a waiting list will be utilized

## Big Kahuna Rules:

- No diving
- Lap lanes are for lap swimming only
- Swim equipment is to be used by lap swimmers only
- Swimming through lane lines is not permitted - swimmers must exit water and walk to the other end of the pool

## Riverside Pool Rules:

- No diving
- Lap lanes are for lap swimming only
- Swim equipment is to be used by lap swimmers only
- No hanging on or jumping from starting blocks

